



Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
Region III



2015 Ranking of Cities based on Prevalence of Overweight Preschoolers (PS), Central Luzon

City	Estimated No. of PS	Total PS Weighed	% OPT Coverage	Normal	%	Underweight					Prev. Rate	Overweight	%	Rank
						SUW	%	UW	%	Total				
City of San Fernando	52,565	42,782	81.39	39,563	92.48	480	1.12	1,400	3.27	1,880	4.39	1339	3.13	1
Malolos City	44,275	23,854	53.88	22,304	93.50	212	0.89	635	2.66	847	3.55	703	2.95	2
Palayan City	5,045	4,782	94.79	4,381	91.61	98	2.05	183	3.83	281	5.88	120	2.51	3
Olongapo City	38,027	35,039	92.14	32,798	93.60	451	1.29	946	2.70	1,397	3.99	844	2.41	4
Balanga City	15,533	13,429	86.45	12,775	95.13	86	0.64	305	2.27	391	2.91	263	1.96	5
Gapan City	17,534	16,572	94.51	15,865	95.73	124	0.75	329	1.99	453	2.73	254	1.53	6
Mabalacat City	39,191	36,615	93.43	35,108	95.88	311	0.85	692	1.89	1,003	2.74	504	1.38	7
Meycauayan City	35,363	31,475	89.01	30,552	97.07	173	0.55	439	1.39	612	1.94	311	0.99	8
Angeles City	55,938	48,211	86.19	46,657	96.78	279	0.58	820	1.70	1,099	2.28	455	0.94	9
San Jose City	19,512	19,020	97.48	18,392	96.70	132	0.69	361	1.90	493	2.59	135	0.71	10
Science City of Munoz	12,934	11,336	87.64	10,980	96.86	40	0.35	244	2.15	284	2.51	72	0.64	11
San Jose Del Monte	88,202	75,796	85.93	72,496	95.65	955	1.26	1,847	2.44	2,802	3.70	498	0.66	12
Cabanatuan City	49,747	48,752	98.00	48,368	99.21	3	0.01	180	0.37	183	0.38	201	0.41	13
Tarlac City	56,801	55,128	97.05	53,748	97.50	211	0.38	1,027	1.86	1,238	2.25	142	0.26	14
Total/Average	530,667	462,791	87.21	443,987	95.94	3,555	0.77	9,408	2.03	12,963	2.80	5,841	1.26	

Province	Estimated No. of PS	Total PS Weighed	% OPT Coverage	Normal	%	Underweight					Prev. Rate	Overweight	%	Rank
						SUW	%	UW	%	Total				
Pampanga	273,349	231,123	84.55	217,231	93.99	1,903	0.82	6,797	2.94	8,700	3.76	5,192	2.25	1
Bataan	108,004	91,210	84.45	85,379	93.61	860	0.94	3,422	3.75	4,282	4.69	1,549	1.70	2
Tarlac	168,577	157,021	93.14	145,001	92.34	2,391	1.52	6,990	4.45	9,381	5.97	2,639	1.68	3
Nueva Ecija	231,599	190,840	82.40	179,557	94.09	1,641	0.86	6,596	3.46	8,237	4.32	3,046	1.60	4
Zambales	90,895	89,072	97.99	80,625	90.52	1,974	2.22	5,479	6.15	7,453	8.37	994	1.12	5
Bulacan	374,910	304,586	81.24	297,531	97.68	819	0.27	3,916	1.29	4,735	1.55	2,320	0.76	6
Aurora	29,310	26,047	88.87	24,161	92.76	347	1.33	1,391	5.34	1,738	6.67	148	0.57	7
Sub-Total	1,276,644	1,089,899	85.37	1,029,485	94.46	9,935	0.91	34,591	3.17	44,526	4.09	15,888	1.46	
Grand Total	1,807,311	1,552,690	85.91	1,473,472	94.90	13,490	0.87	43,999	2.83	57,489	3.70	21,729	1.40	

